



World Cup Friendly 2022

5-a-side Tournament Rules & Regulations

Team Registration

All teams are required to pay a registration fee. This fee is \$840.00 (\$120 each player) This registration fee will allow you to register up to a maximum of 7 players in your team roster which will cover them with our insurance. **PLAYERS MUST BE REGISTERED**

Games will consist of two 20 minute halves with a short, two minute turnaround for half time.

Clothing

It is mandatory that teams wear the same colour jersey. This does not have to be \$50 shirts from rebel; plain white t-shirts will suffice, but try and prepare your kit with colours similar to the country you are representing.

Shin Pads

Our insurance and tournament rules state that **SHIN PADS ARE COMPULSORY AND MUST BE WORN BY ALL PLAYERS**. This is effective immediately, so any players without shin pads will not be able to play.

Rules

Please ensure all players are aware of the rules which can be found below.

Violence will not be tolerated at our centre. Red cards will result in a suspension -length of suspension to be decided by management- and if any players assault another player, spectator or referee, police will be contacted and charges may be laid.

Respect

I understand that football is an emotional game and can often get your blood boiling but I want to ask you all to be respectful of the referee, staff and our facilities- Accept all the referees decisions (even those you don't agree with), do not be aggressive towards any of our staff.

5-a-side leagues - GAME RULES

- Each team may field 4 outfield players and a goalkeeper on the pitch at any one time. There is a maximum of 7 players allowed per team.
- Substitutions are unlimited during the game, and can be made at any point. Outgoing substitutes must leave the field of play before the replacement enters the playing area. The oncoming players are active immediately and can receive the ball. Substitutes must stand outside the pitch perimeter and spectators must not enter the field of play under any circumstances.
- Teams may not change their goalkeeper more than once during the course of the game. A change of goalkeeper must be authorized by the referee.
- **All Players must wear shin pads.** The wearing of any form of jewellery is not permitted during play.
- Boundaries: The ball is always in play and can be played off the walls.

- Each half will begin with one team taking a centre. After a goal has been scored the game will be re-started by the conceding team at the centre spot.
 - All players can enter the goal areas, only the goalkeeper can handle the ball in this area. The goalkeeper may not handle the ball in this area if it is played to him by a teammate.
 - No dangerous play close to the fencing, any players using shoulder charges on players near the fencing or pushing other players toward the fencing will be sent off and possibly removed from the competition.
No more than two players (one from each team) are allowed to challenge the ball near the fencing. In the event the ball is trapped by two competing players the referee will signal one player to retreat and the other player must play the ball within 5 seconds.
 - A goal may be scored from any point within the field of play.
 - No slide tackles are allowed. Infringement of this rule will lead to a free kick being awarded against the offending players team.
 - All restarts must be made within 5 seconds. Teams defending the restart must retreat the specified distance of at least two meters.
 - Professional fouls will be penalized with a penalty and the guilty player may face disciplinary action.
 - All free kicks will be direct.
 - If the ball becomes stuck behind the goalposts, play will be restarted by the goalkeeper
 - Opposition players must be at least two meters from where any free-kick is taken. If opposing players do not retreat the required two meters the kick may be moved forward by three metres.
 - The Goal keeper must be on the goal line when a penalty is being taken.
 - Shin Pads must be worn by all players during the game. Referees will refuse to allow players to play without shin pads.
 - The Tournament rules are not exhaustive and may be added to or amended at any time.
- The Referees decision on all on-field matters is final and no discussions** will be entered into either on or off the field with him/her about any decision. The Referees jurisdiction on disciplinary matters will apply until the game is finished and players have left the field of play. Players repeatedly disputing decisions may have further disciplinary action taken against them.
- Foul or abusive language will not be tolerated and any offending player will be cautioned.
 - 6 foul rule, which means, whenever a team accumulates 6 fouls the opposing team has a penalty kick from the 10 metre mark, the keeper can come off his line 5 metres
 - Teams with a valid complaint against a match official must be put in writing within 48 hours

of the match taking place. The complaint should be emailed fraserparksc@sydneyportugalclub.com.au to the centre manager or written and posted/handed in to the centre manager. Complaints by phone or in person will not be recorded

- Teams will receive 3 points for a win, 1 for a draw and 0 for a loss. Tournament placings will be decided by points, followed by goal difference, followed by goals scored, followed by the result between the two teams in question. A coin toss will be the last resort.
- All players must be registered by completing the necessary forms prior to competing for any team. Teams may register up to 7 players and no player can be registered to more than one team in the same division.
- Any team playing an unregistered or suspended player automatically lose the match 5 – 0 and be deducted 3 points. Players playing whilst suspended will have a further three match ban added to the end of their current suspension.
- Teams must all have a matching kit that consists of playing shirt, shorts and socks. The goalkeeper can wear tracksuit bottoms and must have a shirt that easily identifies him/her from their team mates. Shin guards must be worn by all players and no jewellery will be allowed (except flat wedding rings which must be taped up). If two teams colours clash then one team must wear bibs, this will be decided by a toss of the coin by the referee.
- Teams are asked to arrive 15 minutes prior to scheduled kick off times. Teams must be on the park and ready to begin the match at the appointed kick-off time. If a team is more than 5 minutes late their opponents may begin with a 3 – 0 head start, teams more than 10 minutes late will forfeit the game 10-0 at the Centre Managers discretion.
- All fixtures are to be played unless adverse weather conditions make the pitches unplayable i.e Lightning. Any decision to cancel a game can only be made by the Centre Manager.
- Postponements are not allowed, except in exceptional circumstances and at discretion.
- In the event of a fixture start time being delayed then the game will be shortened with two equal length halves so to not to delay later matches
- Teams in Over 40 Competitions may have one player aged 30-35 for every three players aged over 40
- In Semi Finals and Finals; in the event of a tie at the end of the game it immediately follows for penalties.

DISCIPLINARY RULES

- A player receiving a yellow card must leave the field of play for 2 minutes, the player cannot

be replaced.

- If a player is given a red card whilst off the field of play (for unacceptable conduct on the sideline), the team must correspondingly reduce the number of players on the field.
- If a team is permanently reduced to three players the game will end. The match will be awarded 5-0 to their opponents and they will be deducted 3 points. If the score at the time produces a goal difference greater than 5-0 then that score will stand.
- If a match is abandoned for any reason the team at fault will receive a 5-0 defeat and lose 3 points unless the opposing team already has a greater advantage in which case the score will stand. If both teams are judged to be at fault the game will be void and no points will be awarded.
- Violent conduct on or off the pitch will result in the immediate suspension of the individual and could result in a ban from all Fraser Park Sports Centre premises. Fraser Park reserve the right to ban an individual or team from further participation in all competitions.
- Referees must be treated with respect from all teams. Teams found guilty of abusing Referees will be removed from the Tournament.
- **Fraser Park Sports Centre management may overturn any rule if they feel a team is deliberately using an interpretation of the rules to gain an unfair advantage.**